A ‘detox’ after Covid vaccination? Experts say it’s nonsense

UPDATED JUN 7, 2025

By Jen Christensen

Supplements sold online suggest they can help people "detox" after Covid-19 vaccination or infection. Experts say the claims are nonsense. *(Mary Conlon/AP)*

Podcast host Meghan McCain, the former co-host of “The View,” **made headlines** when she posted to social media recently in support of a “detox” supplement to be taken after Covid-19 vaccination or infection.

Detox After ConVid Vaccines? How Controlled Opposition Cashed In On Gullible Sheep

By Joachim Bartoll / June 9, 2025 / Corona Virus / Covid-19, Health and Fitness, Virus Scam / The Virus Germ Theory Lie / Adenovirus, anti-vaccine, anti-vaxxer, Big Pharma,

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pharmaceutical industry, Propaganda, protein, remedies, remedy, Robert F. Kennedy Jr, saponins, Shedding, spike proteins, Spike-Protein, supplements, Symptoms, vaccinated, vaccine, Vaccine Propaganda, viral vectors, Virus, Virus Hoax, virus lie, virus shedding, Viruses / 10 minutes of reading

Recently, the Jesuit-controlled CNN published an article on Meghan McCain, the former co-host of the abysmal "The View," who recently made headlines when she posted to social media in support of a "detox" supplement to be taken after Covid-19 vaccination or infection.

As detoxing is a natural ongoing process in our body, only accelerated by being in a fasted state, or interrupted by stress responses or digestion, any "detox supplement" is totally worthless and a scam, and that is why they created two sides within the sleeping masses during the staged and fake pandemic — the imbeciles that believed the juvenile story of viruses and took the dangerous and potentially deadly vaccine, and those who were "anti-vaccine" and were fed other ridiculous solutions including other pharmaceutical drugs, toxic remedies and detox crap from the silly idea that "spike proteins" could spread from vaccinated people to non-vaccinated people. Ridiculous! Of course, both approaches led to increased toxicity and damage in the body. Both of these sides got severely deceived.

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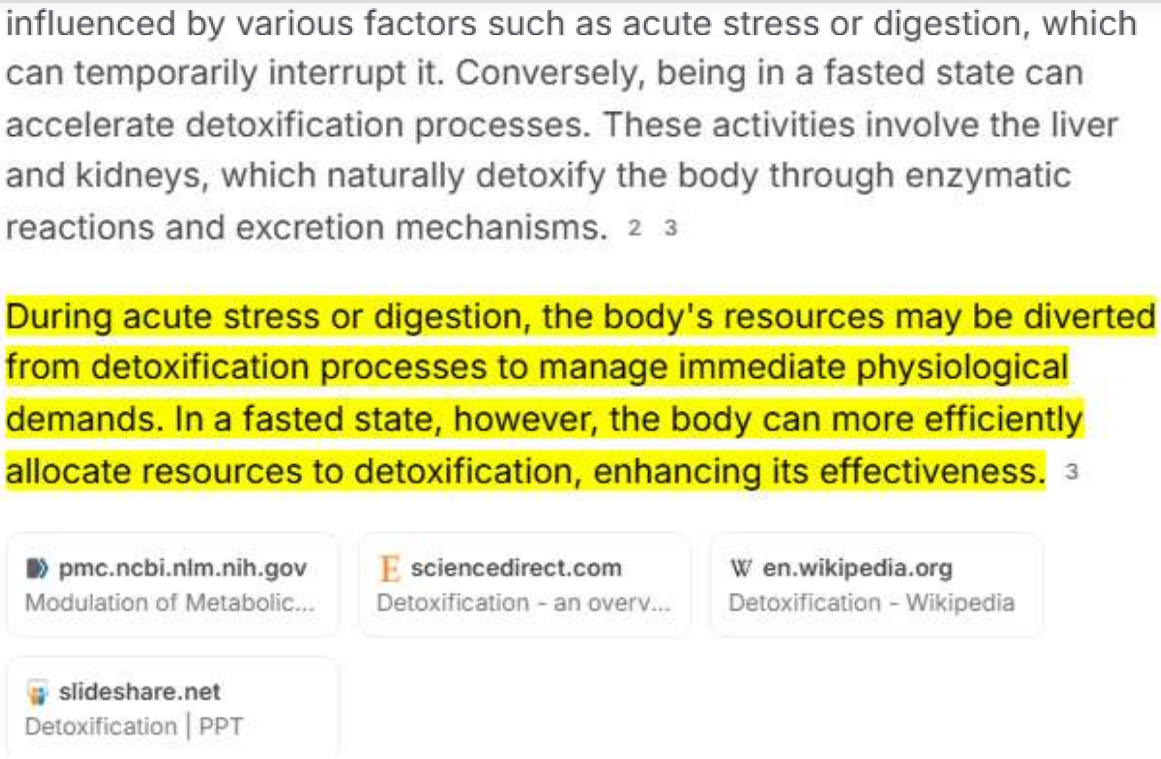
influenced by various factors such as acute stress or digestion, which can temporarily interrupt it. Conversely, being in a fasted state can accelerate detoxification processes. These activities involve the liver and kidneys, which naturally detoxify the body through enzymatic reactions and excretion mechanisms. 2 3
During acute stress or digestion, the body's resources may be diverted from detoxification processes to manage immediate physiological demands. In a fasted state, however, the body can more efficiently allocate resources to detoxification, enhancing its effectiveness. 3
pmc.ncbi.nlm.nih.gov
Modulation of Metabolic...
sciencedirect.com
Detoxification - an overv...
en.wikipedia.org
Detoxification - Wikipedia
slideshare.net
Detoxification | PPT

So, let's see how all this nonsense has evolved and what CNN is now using to their advantage to spin a story to their gullible readers.

> *"Podcast host Meghan McCain, the former co-host of "The View," made headlines when she posted to social media recently in support of a "detox" supplement to be taken after Covid-19 vaccination or infection.*
>
> *The "detox" supplement McCain touted costs $89.99 and is one of several versions sold online. It makes claims about its ability to "break down spike protein and disrupt its function" and provide "your body with unparalleled support for cellular defense and detoxification."*

vaccine as they claimed. I covered that many years ago, complete with logistical data. So, roughly 10 to 20% or so got the toxic concoction and suffered some kind of health deterioration, including blood clots and death. However, anyone who took the vaccine will think that it was real, and that is a huge potential market to scam with various detox supplements and methods.

> *"Vaccine experts say such claims are nonsense. "There's nothing to detox from, because the vaccines themselves are not toxins," said Dr. Angela Rasmussen, a virologist at the Vaccine and Infectious Disease Organization at the University of Saskatchewan. "They're not toxic and they're not harmful."*

Actually, the retarded idea behind vaccines is their toxicity as these morons believe that we have an immune defense system that gets triggered and strengthened by the toxic properties of the vaccine. In other words, vaccines contain a shit-load of toxins and what they call "weakened" or "inactive" parts of a pathogen to stimulate the immune system. That is extremely retarded as we do not have an immune system, we only have a detoxification system.

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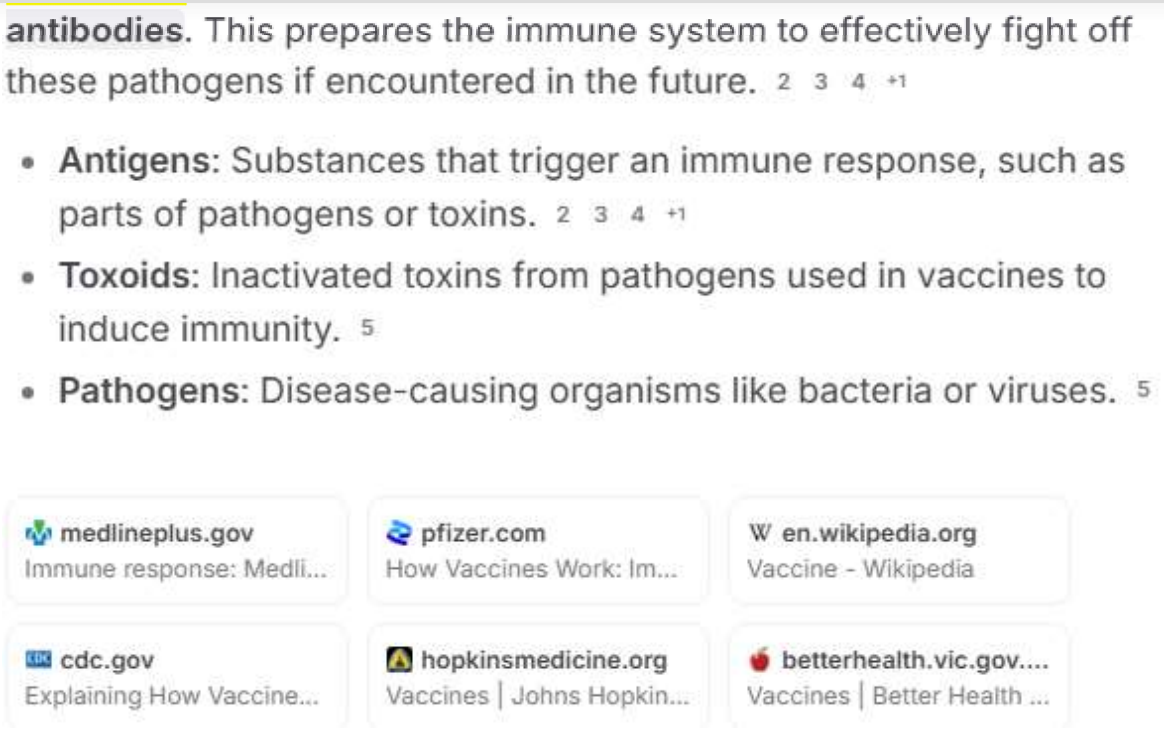
antibodies. This prepares the immune system to effectively fight off these pathogens if encountered in the future. 2 3 4 +1
Antigens: Substances that trigger an immune response, such as parts of pathogens or toxins. 2 3 4 +1
Toxoids: Inactivated toxins from pathogens used in vaccines to induce immunity. 5
Pathogens: Disease-causing organisms like bacteria or viruses. 5
medlineplus.gov
Immune response: Medli...
pfizer.com
How Vaccines Work: Im...
en.wikipedia.org
Vaccine - Wikipedia
cdc.gov
Explaining How Vaccine...
hopkinsmedicine.org
Vaccines | Johns Hopkin...
betterhealth.vic.gov....
Vaccines | Better Health ...

Now, as for the Covid-19 vaccine, these charlatans and evildoers claim that the Covid-19 vaccine follows this principle with a toxic load, but also uses advanced technology, such as mRNA or viral vectors instead of the “pathogen,” to instruct cells to produce a protein that triggers an immune response without causing the disease itself. This again, is complete bollocks, as DNA and mRNA is theoretical science and again, we do not have an immune system and there are no pathogens that cause disease. That is ridiculous pseudoscience.

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system, enabling it to recognize and fight these threats more effectively in the future. The COVID-19 vaccine follows this principle but uses advanced technology, such as mRNA or viral vectors, to instruct cells to produce a protein that triggers an immune response without causing the disease itself. 2 3 4
cdc.gov
Explaining How Vaccine...
pfizer.com
How Vaccines Work: Im...
hopkinsmedicine.org
Vaccines | Johns Hopkin...
nature.com
A guide to vaccinology: ...
who.int
How do vaccines work?
medlineplus.gov
Vaccines | Immunization...
who.int
Vaccines and immunizat...
chop.edu
Immune System and Vac...
hhs.gov
Vaccine Types | HHS.gov

So, all vaccines are extremely toxic and very harmful. Only a complete retard would claim otherwise, such as this moron and propagandist Angela Rasmussen.

"There's nothing to detox from, because the vaccines themselves are not toxins," said Dr. Angela Rasmussen, a virologist at the Vaccine and Infectious Disease Organization at the University of Saskatchewan. "They're not toxic and they're not harmful."

What a bunch of evil lies!

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- **Aluminum salts**: Used as adjuvants to enhance the immune response to the vaccine. They are commonly found in vaccines for hepatitis A, hepatitis B, and diphtheria-tetanus-containing vaccines. [2] [3]
- **Antibiotics**: Used during vaccine production to prevent bacterial contamination and fungus growth. Examples include neomycin, polymyxin B, streptomycin, and gentamicin. [2] [3]
- **Chicken protein**: Used as a culture material to grow the virus or bacteria used in the vaccine. This is particularly common in flu vaccines manufactured using an egg-based process. [2] [3]
- **Formaldehyde**: Used to inactivate viruses and detoxify bacterial toxins. The amount present in vaccines is very small and comparable to natural levels in the body. [2] [3]
- **Sugars and other stabilizers**: Used to maintain the vaccine's effectiveness during storage and transportation. Examples include sucrose, glycine, and human serum albumin. [2] [3] [4]
- **Preservatives**: Used to prevent bacterial or fungal contamination. For instance, thimerosal, which contains ethylmercury, was previously used but is now removed from most vaccines due to public concern. [3] [7]
- **MF59**: An oil-in-water emulsion used as an adjuvant in some influenza vaccines. [3]
- **CpG 1018**: An adjuvant found in one of the hepatitis B vaccines. [2]
- **AS03**: An adjuvant used in some influenza vaccines, consisting of vitamin E, squalene, and polysorbate 80. [3]
- **Polysorbate 80 (Tween 80)**: Used as a stabilizer and emulsifier in vaccines. [4]
- **Ethanol**: Used as a solvent to help dissolve other ingredients in the vaccine. [4]

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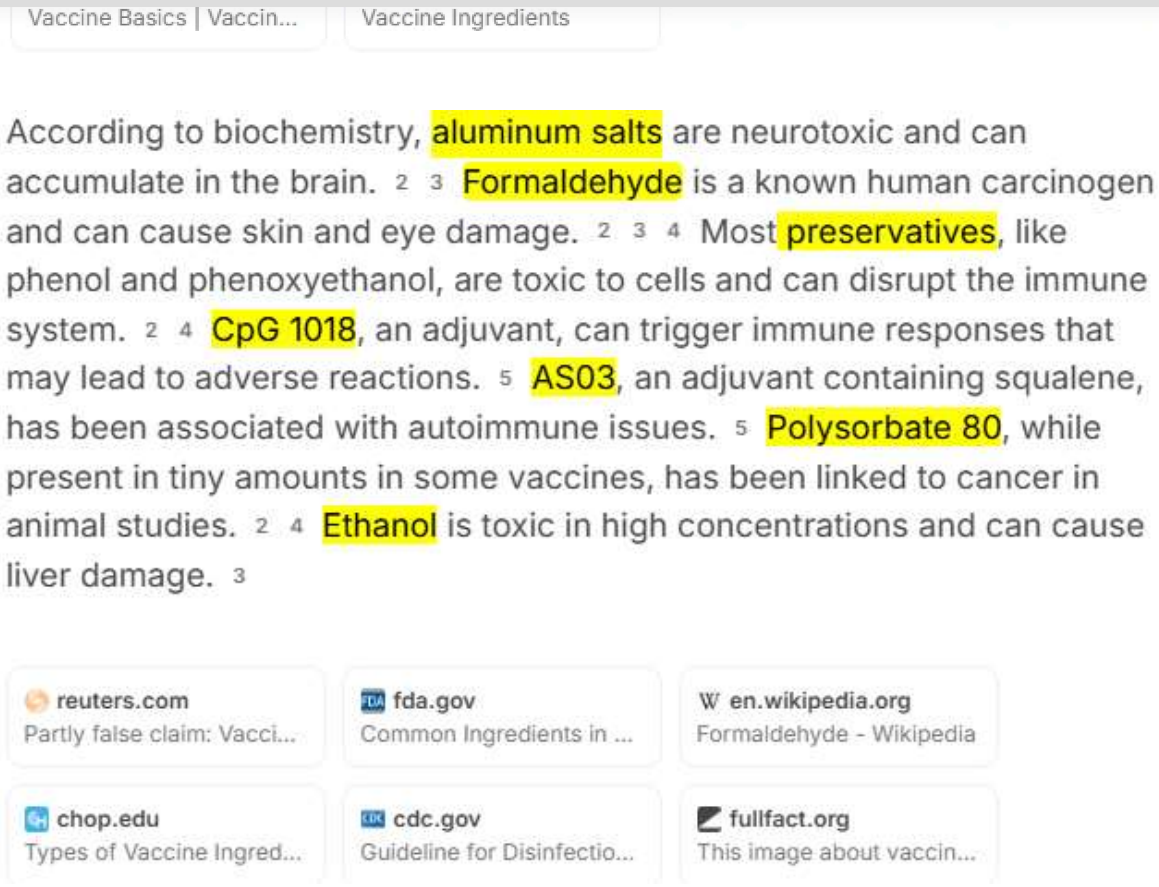
Vaccine Basics | Vaccin...
Vaccine Ingredients
According to biochemistry, aluminum salts are neurotoxic and can accumulate in the brain. 2 3 Formaldehyde is a known human carcinogen and can cause skin and eye damage. 2 3 4 Most preservatives, like phenol and phenoxyethanol, are toxic to cells and can disrupt the immune system. 2 4 CpG 1018, an adjuvant, can trigger immune responses that may lead to adverse reactions. 5 AS03, an adjuvant containing squalene, has been associated with autoimmune issues. 5 Polysorbate 80, while present in tiny amounts in some vaccines, has been linked to cancer in animal studies. 2 4 Ethanol is toxic in high concentrations and can cause liver damage. 3
reuters.com
Partly false claim: Vacci...
fda.gov
Common Ingredients in ...
en.wikipedia.org
Formaldehyde - Wikipedia
chop.edu
Types of Vaccine Ingred...
cdc.gov
Guideline for Disinfectio...
fullfact.org
This image about vaccin...

And as for additional compounds in the deadly Covid-19 vaccine...

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vaccines and not typically used in other vaccines include:

- **mRNA**: This is a key component in the Pfizer and Moderna vaccines, which contain mRNA particles that instruct cells to produce the spike protein of the SARS-CoV-2 virus. [1] [3] [6]
- **Matrix-M Adjuvant**: Used in the Novavax vaccine, this adjuvant is made using compounds called saponins from soapbark trees and lipids. [3]

These ingredients are specific to the **mRNA and protein subunit technologies** utilized in certain COVID-19 vaccines and are not commonly found in other types of vaccines. [3] [6]

Other ingredients like **lipids, salts, acids, and sugars** are also present in the COVID-19 vaccines but are also found in many other vaccines and everyday products. [6] [8]

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and cell-dissolving properties, enabling them to lyse cells through their membranolytic action on cellular membranes. Additionally, saponins can block nutrient absorption, inhibit lipase activity, and potentially act as endocrine disruptors, impacting cholesterol metabolism and other physiological processes. 2 3 4 +1

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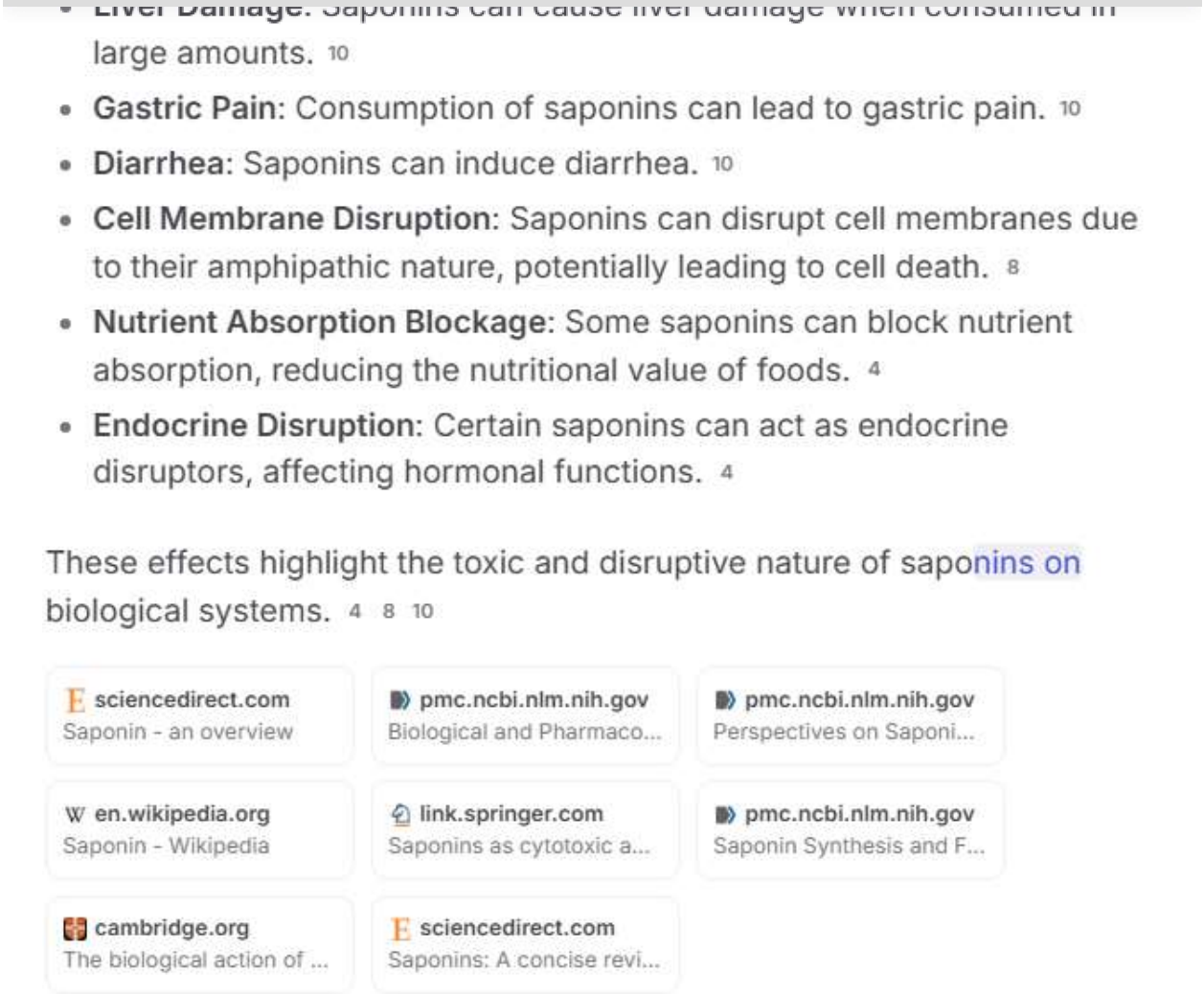
large amounts. 10
Gastric Pain: Consumption of saponins can lead to gastric pain. 10
Diarrhea: Saponins can induce diarrhea. 10
Cell Membrane Disruption: Saponins can disrupt cell membranes due to their amphipathic nature, potentially leading to cell death. 8
Nutrient Absorption Blockage: Some saponins can block nutrient absorption, reducing the nutritional value of foods. 4
Endocrine Disruption: Certain saponins can act as endocrine disruptors, affecting hormonal functions. 4
These effects highlight the toxic and disruptive nature of saponins on biological systems. 4 8 10
sciencedirect.com
Saponin - an overview
pmc.ncbi.nlm.nih.gov
Biological and Pharmaco...
pmc.ncbi.nlm.nih.gov
Perspectives on Saponi...
en.wikipedia.org
Saponin - Wikipedia
link.springer.com
Saponins as cytotoxic a...
pmc.ncbi.nlm.nih.gov
Saponin Synthesis and F...
cambridge.org
The biological action of ...
sciencedirect.com
Saponins: A concise revi...

So, not only will the Covid-19 vaccine poison your with toxins, it will break down and dissolve some of your cells as well, kind of like getting a chemotherapy for free… But alas, it's much worse for retarded vegans who consume vegetables that contain saponins. What a bunch of fools.

> *"McCain also posted this week about "concerning data" about mRNA vaccines and said friends had experienced health problems after getting the Covid-19 shot. As part of the post, she shared a video*

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> *Vaccine experts say that just isn't true."*

The truth is that we do not know what these new "mRNA" vaccines actually contain apart from a bunch of toxins, nor do we know what they do within our bodies. Since it isn't any kind of "mRNA" it might be some kind of nanotechnology, or simply nothing at all. We only know that whatever they tell us is bulls*t as viruses do not exist, contagion does not exist, we cannot get "sick" by "transmission" and we do not have an immune system.

I've debunked all these silly claims hundreds of times.

> *"The messenger RNA in Covid-19 vaccines instructs cells in the body to make a certain piece of the virus' spike protein — the structure on the surface of the coronavirus. The mRNA vaccine is like a blueprint that the body uses to train the immune system to recognize the virus that causes Covid and protect against it, said Dr. William Schaffner, an infectious disease expert at Vanderbilt University Medical Center."*

No, that is not how it works as we do not have an immune system. If something foreign enters our body that it can not break down and use, it's perceived as a toxin and our body will try to neutralize and expel it. If healthy, this process often works without you noticing — unless the toxic onslaught is large, then you'll experience symptoms from the detoxification and the healing, as in cold-like or flu-like symptoms.
If unhealthy, as in following an inappropriate plant-based diet and being under a heavy toxic load, most of these toxins will not be expelled but will instead be stored in fat cells or they will attach themselves to tissues causing further damage. The latter can force the body to form tumors around the toxins to protect the tissue.

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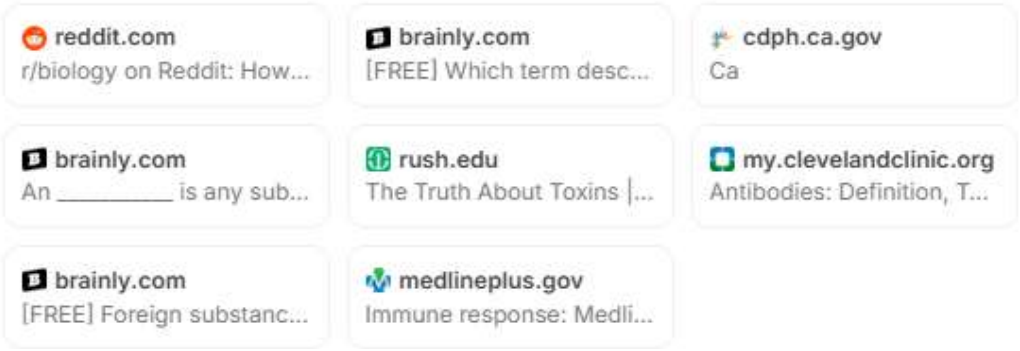
through a detoxification process. This process **primarily involves the liver, which breaks down toxins into less harmful substances or makes them easier to excrete**. The kidneys then filter the blood to remove waste products and excess substances, which are expelled as urine. Additionally, the lungs expel carbon dioxide and other volatile compounds through exhalation, while the skin eliminates toxins through sweat. The digestive system also helps by expelling waste products through bowel movements. The efficiency of detoxification depends on overall health and nutritional status, and there is no evidence supporting the effectiveness of external "detox" programs beyond maintaining a healthy lifestyle. 5 9

Detoxification is an umbrella term for many different processes, and the body does a good job of regulating these processes by itself. Increasing detoxification pathways artificially can be harmful unless there is a specific medical need, such as compromised liver or kidney function. 5



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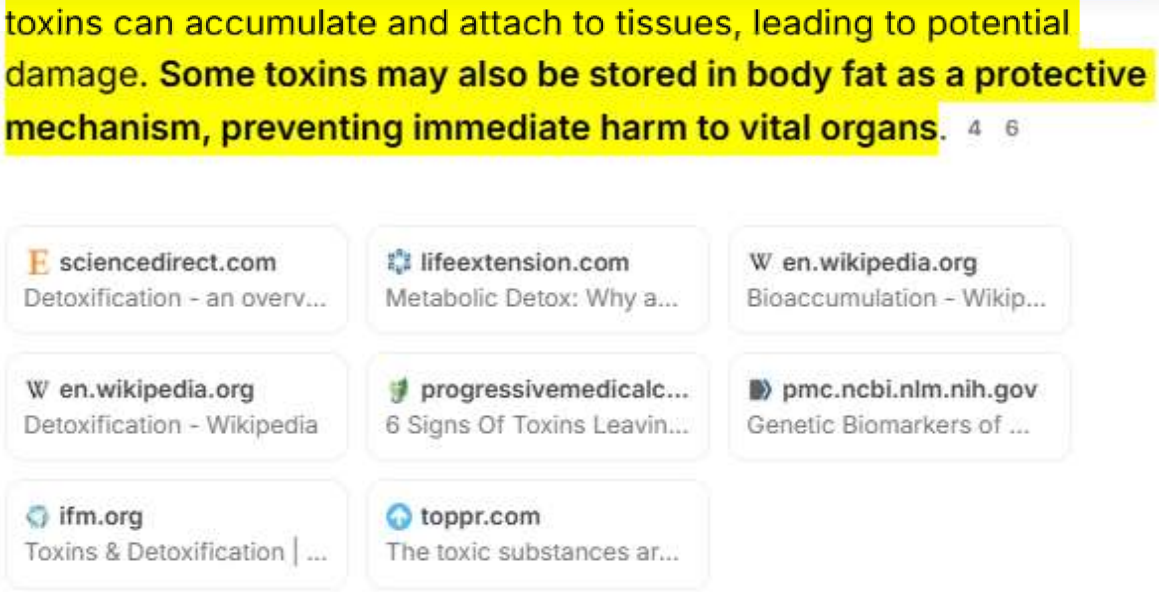
toxins can accumulate and attach to tissues, leading to potential damage. Some toxins may also be stored in body fat as a protective mechanism, preventing immediate harm to vital organs. 4 6
sciencedirect.com
Detoxification - an overv...
lifeextension.com
Metabolic Detox: Why a...
en.wikipedia.org
Bioaccumulation - Wikip...
en.wikipedia.org
Detoxification - Wikipedia
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6 Signs Of Toxins Leavin...
pmc.ncbi.nlm.nih.gov
Genetic Biomarkers of ...
ifm.org
Toxins & Detoxification | ...
toppr.com
The toxic substances ar...

> *"MRNA is only in there in minute amounts," Schaffner said. "The spike protein is metabolized. It's broken up by our own body very, very quickly. So it's not in a position to disseminate or be distributed throughout the body requiring some sort of 'detoxification.'"*

Again, we do not know if this is true or not, or whatever mRNA actually is, as it's theoretical science. However, the rest of the toxins within the vaccine will be neutralized and expelled if the body is healthy and strong, as in having enough resources to do so. Otherwise, they will attach themselves to tissues doing damage or ending up in fat cells.

> *"Since mRNA is so short-lived, vaccine makers do make a modification that allows it to stick around a little longer than it would otherwise, Rasmussen said.*

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Again, if this mRNA actually exists, this is impossible to verify. And in all seriousness, it doesn't really matter. If you fell for the propaganda and took the shot and actually got the real vaccine, then, what is done is done. All you can do is to nourish your body with species-appropriate foods, as in animal-based foods, and to make sure your last meal of the day is no later than 4 to 6 hours before bed, so your body can efficiently detoxify and heal during sleep. Doing some fasting will likely help, as an extended fasted state speeds up detoxification and also cell regeneration.

However, no silly "detoxification" supplement, drug, or remedy will help, as anything that is consumed will interfere with your body's detoxification processes and unless its animal-based food, it will cause a stress-response from its toxicity, and that is usually what you feel as such a response will shut down any detoxification and healing taking place, reducing all the symptoms of these processes. This inverted approach will fool most gullible people into believing that they got better or even "cured." I've covered all this in-depth in several articles.

According to biology and biochemistry, taking drugs or remedies does not enhance detoxification or healing processes; instead, it can trigger an acute poisoning stress response that disrupts ongoing detoxification and healing, potentially misleading individuals into believing they are improving. 4
ncbi.nlm.nih.gov
1 Overview, Essential Co...
ncbi.nlm.nih.gov
3 An Overview of Psych...
diamondrehabthaila...
Drug detoxification (det...
en.wikipedia.org
Detoxification (alternativ...
addictioncenter.com
Drug And Alcohol Detox:...
pmc.ncbi.nlm.nih.gov
Pharmacological strateg...

> *"I wonder if the very name of the protein, this 'spike protein' just makes people uneasy," Schaffner said. If scientists called it something*

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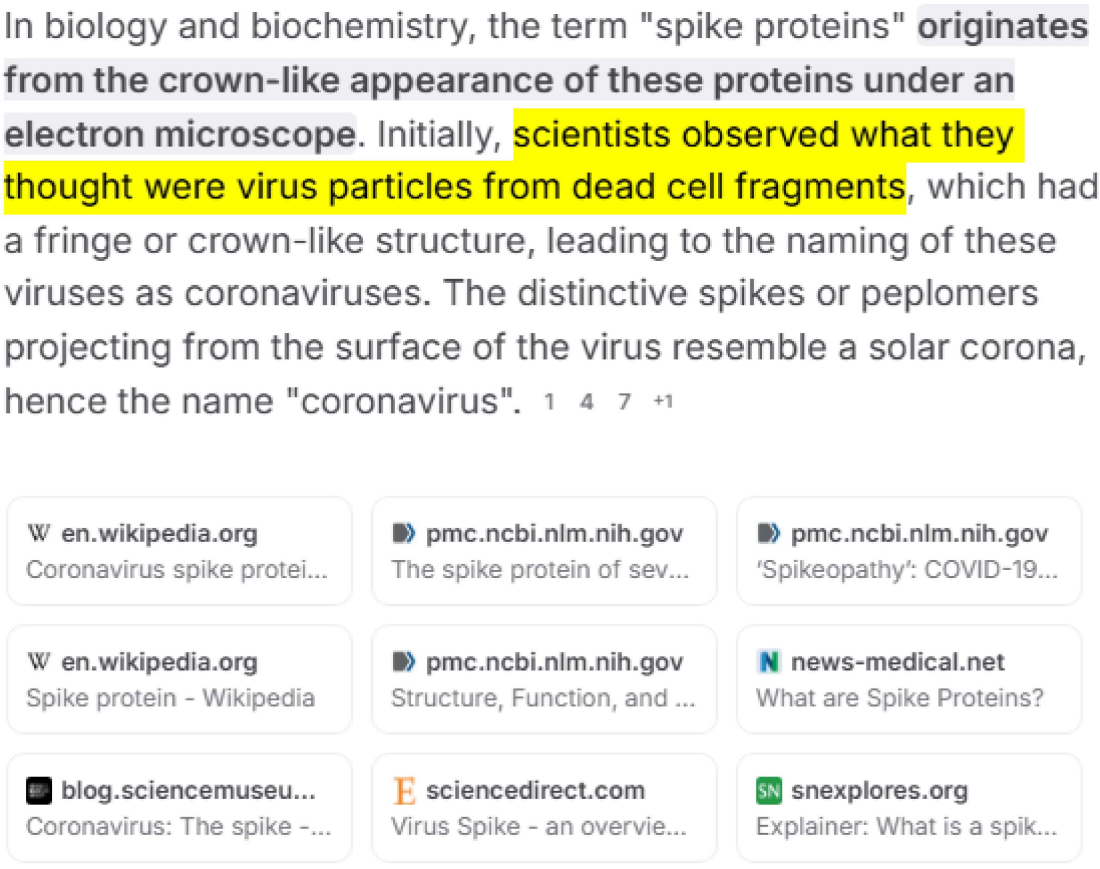
> *Schaffner suggested.*"

Well, "spike protein" is allegedly a part of what they think they found when looking in an electron microscope of a vaporized toxic cell culture and one of the fragments, which they decided to be a "coronavirus" back in the 60's looked like it had small spikes, like a blob with a "corona" (crown) around it. And from there, the retarded and heavily Big Pharma-funded "scientists" came to the conclusion that these "spike proteins" played a crucial role in the virus's ability to infect cells. Yes, it reads like a comic book for small children, but most people still believe in such silly nonsense — including the poor idiots that have been conditioned with this inverted and faulty pseudoscience.


In biology and biochemistry, the term "spike proteins" originates from the crown-like appearance of these proteins under an electron microscope. Initially, scientists observed what they thought were virus particles from dead cell fragments, which had a fringe or crown-like structure, leading to the naming of these viruses as coronaviruses. The distinctive spikes or peplomers projecting from the surface of the virus resemble a solar corona, hence the name "coronavirus". 1 4 7 +1
en.wikipedia.org
Coronavirus spike protei...
pmc.ncbi.nlm.nih.gov
The spike protein of sev...
pmc.ncbi.nlm.nih.gov
'Spikeopathy': COVID-19...
en.wikipedia.org
Spike protein - Wikipedia
pmc.ncbi.nlm.nih.gov
Structure, Function, and ...
news-medical.net
What are Spike Proteins?
blog.sciencemuseu...
Coronavirus: The spike -...
sciencedirect.com
Virus Spike - an overvie...
snexplores.org
Explainer: What is a spik...

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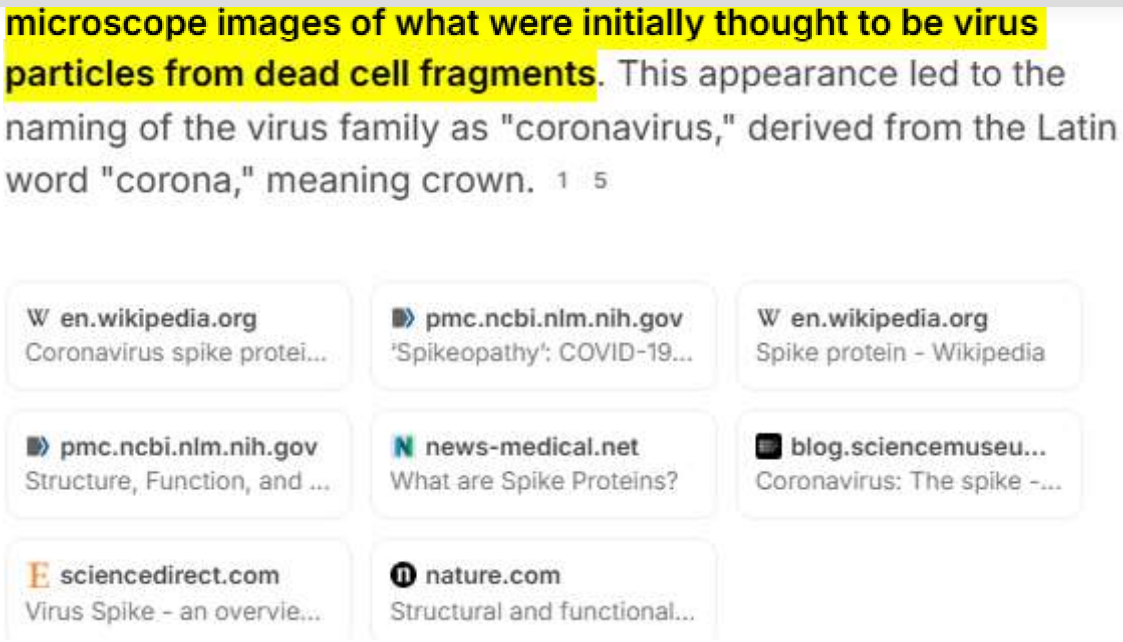
microscope images of what were initially thought to be virus particles from dead cell fragments. This appearance led to the naming of the virus family as "coronavirus," derived from the Latin word "corona," meaning crown. 1 5
en.wikipedia.org
Coronavirus spike protei...
pmc.ncbi.nlm.nih.gov
'Spikeopathy': COVID-19...
en.wikipedia.org
Spike protein - Wikipedia
pmc.ncbi.nlm.nih.gov
Structure, Function, and ...
news-medical.net
What are Spike Proteins?
blog.sciencemuseu...
Coronavirus: The spike -...
sciencedirect.com
Virus Spike - an overvie...
nature.com
Structural and functional...

And now, the evil pharmaceutical companies claim that they use the same kind of synthetic spike proteins to deliver their "mRNA" to cells in their maiming, sterilizing and deadly vaccines.

> *"Rasmussen believes people would still misconstrue the science regardless, particularly with leaders in the Trump administration who have spent years undermining the safety of vaccines or have a history of promoting dubious supplements.*
>
> *"A lot of this isn't misinformation, it's really disinformation because people who start this stuff know what they're doing," Rasmussen said."*

That is part of the script, of the duality — of controlling both sides, both opposites. There will always be people with a slightly higher awareness that recognizes some of the bullshit, such as vaccines, but are still too dumbed-down to see the whole truth, and to keep

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The only humans they cannot control or influence are us who can see that everything has been inverted, that everything is deception and lies. We who follow our species-appropriate natural human diet and understand that the world's a stage controlled by the elite families and their puppets. However, we are very few, likely less than 5%, and they condition both camps of the sleeping masses to treat us, the real awakened ones, as crazy; as outcasts. And that is why CNN publishes stories like these, as CNN are gatekeepers for the leftist/liberals, for the really dumbed-down and sleeping masses, just as Fox News are gatekeepers for the sleeping masses on the right.

To conclude, if you've taken the Covid-19 vaccine, or any other vaccines, and recently woken up to realize that you've been deceived, the only thing you can do is to nourish your body and let it do its best to detoxify and heal. Do not stress over it. Believe in your body, in nature. And this approach is true for any kind of illness or condition, as all "diseases" are created from within from damage from toxins and the wrong kind of food. Clean up your diet and your lifestyle and then do some fasting, as that will always benefit your health as long as you are fully nourished going into a fast. I have several articles on these topics. Simply check my archives.

If you need help with any kind of health problems or transitioning from your current way of eating to our natural species-appropriate, species-specific way of eating, I'm available for both coaching and consultation.

Coaching and Consultation

And if you found the article and my insights helpful and enjoy my daily free information, please consider donating to help pay the webhosting bills and keep the site running. And if you're interested in discussing and sharing information with likeminded people, consider joining our uncensored community at Ungovernable.se. Thank you!

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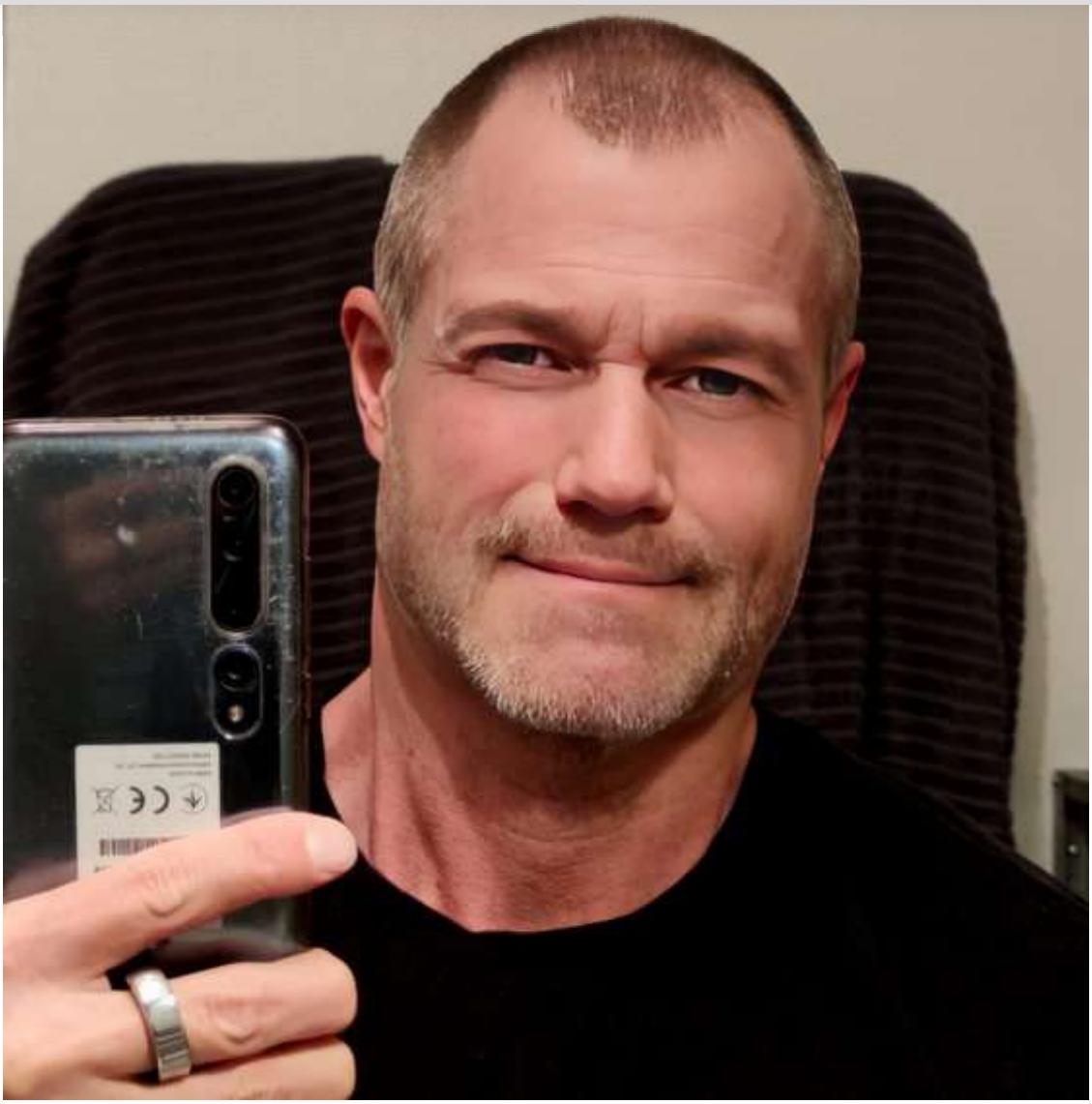

Founder of the first Health & Fitness internet community Ironmag in 1996, former Editor-in-Chief for two magazines within the health and extreme sports industry, founder of Sweden's largest discussion board Kolozzeum, writer and author for over 29 years with more than 600 officially published articles, more than 1600 self-published articles, and 8 books. Elite-level trainer/coach, nutritionist and body transformation specialist with over 32 years of experience with more than 1100 clients.

17 years of wasted studies in Western 'Modern' Medicine and Pharmacology. Animal-based nutritionist since 2018. Over 5 years of study of Biology, Microbiology, Biochemistry, Th Terrain Theory, and 3.5 years of studying German New Medicine – which all helped me heal my cancer and failing organs in 2018, healed my life-long asthma and allergies, and has not

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Joachim is a truth-seeker at heart, an observer of the occult (know your enemy,) and with a contact network all over our world.

He is also the founder of the uncensored online-community Ungovernable — the one-stop website for anyone interested in seeking the truth — where he writes and answer questions daily.

"Everything you read on this website are my thoughts, views and speculations based on my experiences, knowledge and what I see daily. It's nothing more than possibilities for you to consider, in which you can ponder the ideas and make your own conclusions."

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Music Industry
Natural Law / True Law
Personal Blog / Training, Life & Opinions
Politics / Government
Secret Societies / The Cabal
Sports / Entertainment
Technology
Terrain Theory / Nature and Biology
Terrorism Staged / False Flag
Vegan / Veganism Psy-Op
Virus Scam / The Virus Germ Theory Lie
Weather Modification Warfare

Joachim Bartoll Official

[+] 2025 (109)

- June (7)
- May (22)
- April (20)
- March (20)
- February (18)
- January (22)

[+] 2024 (341)
[+] 2023 (378)
[+] 2022 (511)
[+] 2021 (348)
[+] 2020 (39)
[+] 2019 (8)
[+] 2018 (7)
[+] 2017 (3)
[+] 2016 (8)
[+] 2015 (9)
[+] 2014 (1)
[+] 2012 (1)
[+] 2011 (3)
[+] 2010 (4)
[+] 2006 (1)
[+] 2003 (2)
[+] 2002 (4)
[+] 2001 (1)

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